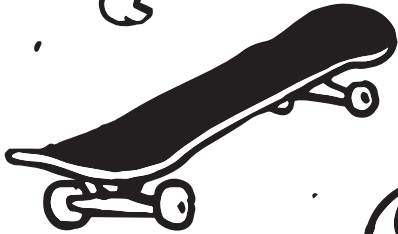
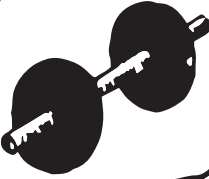


# HEALTH AND FITNESS



GET FIT AND STAY ACTIVE WITH A RANGE OF FITNESS OPTIONS



# SHOPPING



# SWEET TREATS



# CAFES



# QUINPOOL ROAD

## DISCOVER HALIFAX'S VIBRANT NEIGHBOURHOOD

EXPERIENCE OF HALIFAX'S

# ARTS & CULTURE SCENE



# BEAUTY SERVICES



INDULGE IN THE FULL SPECTRUM OF BEAUTY, HEALTH, AND ALTERNATIVE HEALTH PRODUCTS AND SERVICES

SATISFY YOUR TASTE BUDS WITH HALIFAX'S BEST



SELECTION OF GLOBAL CUISINE

# BREWERIES &

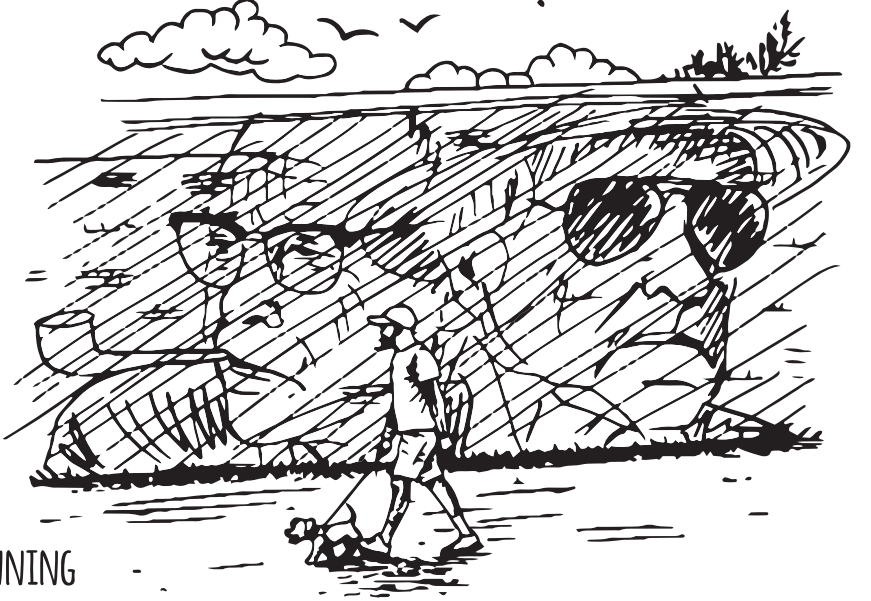


# DINING



ENJOY STUNNING LOCAL ART ON A SELF-GUIDED

# MURAL WALK



# “QUINPOOL - THE MOST COSMOPOLITAN STREET IN THE ENTIRE CITY.”

- JOHN DEMONT, SALTWIRE

## ARTS & ENTERTAINMENT

2B Theatre Company  
Live Art Dance  
Quinpool Billiards  
Secord Gallery



## BUSINESS SERVICES

Analyze RE  
Arcadia Entertainment Inc.  
Boom12 Communications  
Burke & Burke Design  
Charcoal Marketing  
Cowork Halifax  
Edward Jones  
Fergus Ford, Barrister & Solicitor  
H&R Block  
Jack Prince Q.C.  
Kaizen Coaching and DM Personal Training  
Liberty Tax Service  
Matthews McDonough Financial Planning Inc.  
Optio Publishing  
Padgett Business Services  
Peter A. Lohnes, Barrister & Solicitor  
Starling Solutions Inc.  
Studioworks International Inc.  
The Tax Depot  
Whitehead and Associates, Barristers  
& Solicitors



## COMMUNITY

Community Foundation of Nova Scotia  
Gary Burrill, MLA  
Nova Scotia Advisory Council on the Status  
of Women  
Oxford Street United Church  
West End United Baptist Church

## EDUCATION

Atlantic Flight Attendant Academy  
Language Assessment Services of NS  
(Learn English Nova Scotia)  
Nova Scotia College of Early Childhood  
Education (NSCECE)  
Oxford Learning  
Phoenix Learning & Employment Centre  
Prometric Testing Centre  
Young Drivers of Canada

## FOOD & DRINK

7 Peppers Grill  
Ardmore Tea Room  
Ben Gong's Tea  
Blue Olive Greek Taverna  
BoBar Drinks & Snacks  
Bomber Chicken  
Busan Korean BBQ  
Chanoey's Pasta  
Cheeky Neighbour Diner  
Dilly Dally Coffee Cafe  
Domino's Pizza



East Coast Bakery  
Freeman's Little New York  
Heartwood Bakery & Café  
KFC  
King of Donair  
McDonald's  
Morris East  
Naan-N-Curry  
Noodle Nami  
Omelet Brunch & Munch  
Philthy Philly's  
Pizza Hut  
Propeller Brewing Co.  
Quinn's Arms  
Shanxi Paomo Chinese Restaurant  
Song's Korean Restaurant  
Sweet Hereafter Cheesecakeery  
The Brewery by Quinn's  
The Cannery Social & Kitchen  
The Oxford Taproom, Community Space  
& Retail Store  
Tim Hortons  
Truly Tasty  
Turbo Chicken  
Wasabi House Fine Japanese Cuisine  
Wendy's  
West Ender Coffee



## HEALTH, BEAUTY & FITNESS

Anytime Fitness  
Apex Hair Salon  
Blair Beauty Bar  
Breathe on Yoga (Health Beauty & Fitness)  
Classic Physiotherapy & Work  
Rehabilitation Centres  
Cornerstone Psychological Services  
Daydreamers Beauty Studio  
Define Hair Studio  
Dr. Wafa A Al-Atrash Optometry  
East Peak Climbing  
Fit by Fred  
Gaudet Optical  
Hair-Ink  
Hairs to Ya  
Harvard Street Healing Arts Centre  
K-Beauty Salon  
Lee's Nails  
Life-Care Acupuncture & Natural Medicine Clinic  
Move East  
Oddfellows Barbershop  
Queen's Nails  
Scotia Physiotherapy  
SG Cosmetic  
Shoppers Drug Mart  
Springtide Therapeutic Massage  
The Medicine Shoppe Pharmacy  
Therapeutic Approach Health Centre  
Therapeutic Approach Yoga Studio  
Vogue Optical



## PETS

Atlantic Cat Hospital  
Halifax Veterinary Hospital  
Naughty Paw  
Pet Valu



## SHOPPING

Adventure for Life  
Aerobics First  
Ash Jeweller  
Atlantic Photo Supply  
Atlantic Superstore  
Benjamin Moore Paint Shop  
Canadian Tire  
Citadel Music  
Finer Things Antiques  
Flower Trends  
Food and Nutrition  
Lemonade  
Long Alley Bicycles  
M&Y Asian Market  
Nautilus Aquatics and Hobbies  
Nova Scotia Liquor Commission  
OCO Mart Korean Grocery  
Organic Earth Market  
Personal Touch Fashion and Tailoring  
Pleasures N' Treasures  
Pro Skates  
Robyn's Dairy Bar  
Sarah & Tom  
Soccer Stop  
Taishan Asian Grocery  
The Ikebana Shop  
The Trail Shop  
Trinity Jewellers  
Vina's Jewellers



## SERVICES

Atlantica Hotel Halifax  
BMO Bank of Montreal  
Chung's Custom Tailor  
CIBC Bank  
Epilog Canada  
Irving / Circle K  
Kennedy's Autopro  
New Space Studio  
Petro-Canada  
Quinpool Shoe Repair  
RBC Royal Bank (ATM Only)  
Same Day Drycleaners  
Scotiabank  
TD Canada Trust



Access our directory of  
businesses in Halifax's  
most vibrant district.